

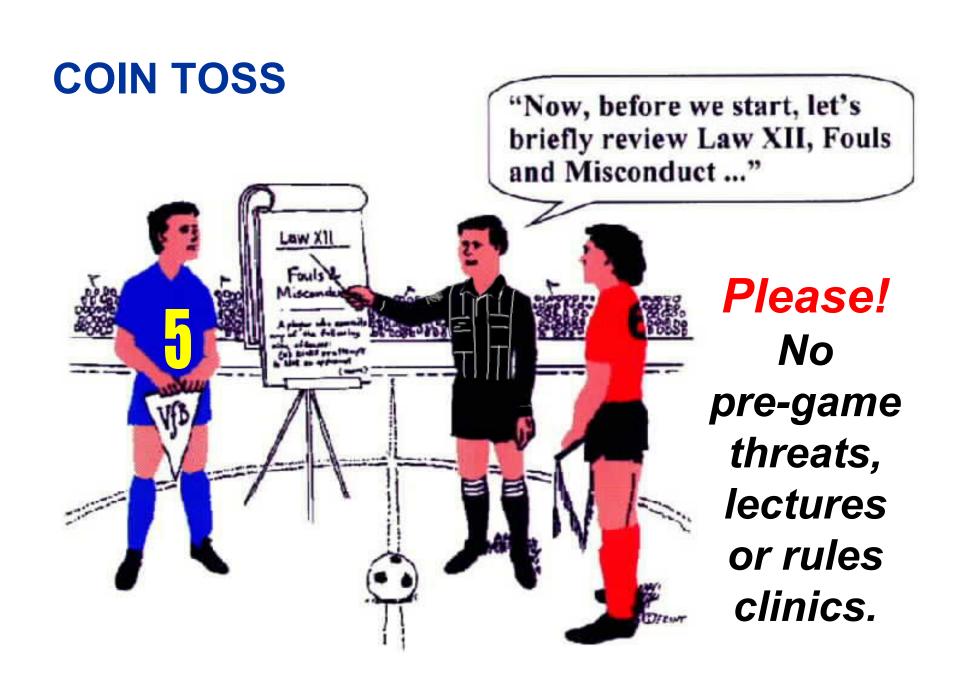
The Start of Play

TOPICS

- y Coin toss
- y Kick-off
- y Location of players
- y Scoring directly from kick-off
- y Referee's signal for start of play
- V Kick-off infractions

COIN TOSS – with captains and head coaches

- Introductions
- y Referee tosses coin, who calls it?
 - x The visiting captain
- Y Winner picks end to defend or kick-off
- y Loser kicks-off or selects end to defend
- y Ask head coaches if players are properly and legally equipped
- y Read the Sportsmanship card
- y Be friendly, cordial and brief
 - x Do not coach or lecture
- Start game on time



KICK-OFF MECHANICS

Prior to kick-off (5 minutes)

- Referee team enters field
- Conducts coin toss
- Records result of coin toss

KICK-OFF MECHANICS (cont.)

One minute before kick-off:

- y Referees
 - Supervise clearing of the field
 - x Supervise bench area
 - x Take positions
 - x Count players in their half
 - x Visually check with partner for readiness

KICK-OFF MECHANICS (cont.)

At kick-off:

- y Each team in own half of field
- y Defenders at least 10 yards from ball
- y Ball stationary on center mark
- y Referee signals for kick-off
- y Ball is in play when it is kicked and moves forward

KICK-OFFS

When:

- y Start of game
- y After each goal
 - x By team scored upon
- Start of second half
 - By team that did not kick-off in first half
 - x Teams switch ends
- y Start of each overtime period

A goal may be scored directly from a kick-off

INFRACTIONS AT KICK-OFF

- y Players in wrong half of field
- y Ball does not move forward
- y Taken before referee's signal

Retake the kick

Y Kicker plays ball a second time "double touch" -

IFK to opponent

REVIEW

- y Coin toss
 - x Brief and cordial
- Who calls it?
 - x The visitor calls it.
- What choice does the winner have?
 - Which goal to defend or kick-off
- What will the loser get to do?
 - x Kick off or select goal to defend

REVIEW

At the kick-off:

- y Where are the players?
 - x Players are in their own half of field
- y How far away are the defenders
 - x At least 10 yards from ball
- y When is the ball in play?
 - x When it is kicked forward
- y Can a goal be scored directly?
 - x Yes
- y Must there be a signal for play to start?
 - x Yes; the whistle

REVIEW (cont')

- Y Any infractions (except 2nd touch)
 Retake the kick
- y 2nd touch by kicker IFK for opponents